Strong Parents – Strong Children

Strong Parents – Strong Children – Online Courses for English-speaking parents

What's important to me in parenting? How well do I know myself? How can I support my child? How do I set boundaries? How can we make agreements? How do we resolve conflicts? This course is directed at all parents who want to bring more ease and joy into everyday life with their kids. The patents' course offers helpful knowledge, practical exercises, and the chance to share experiences with other parents.

The courses are funded by the Federal Ministry of Education, Family Affairs, Seniors, Women, and Youth, so they are free of charge.

General information about the Strong Parents – Strong Children parent course program can be found here: Über Uns – Starke Eltern – Starke Kinder

You can choose one of the following patents' courses in English. Each course includes 10 sessions. The courses take place weekly. You can find information about registration under the respective link.

Tuesdays, 7:30 pm – 9:30 pm, course starts 22nd September

id-6a548f3a26d1a – Starke Eltern – Starke Kinder

Thursdays, 7 pm – 9 pm, course starts 20th August

id-6a4f5b2f2993a – Starke Eltern – Starke Kinder

Fridays, 10 am – 12 noon, course starts 11th September

id-6a58a557aa259 – Starke Eltern – Starke Kinder

Der Kinderschutzbund

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